

SERMON QUESTIONS

Margin is the amount available beyond what is necessary. Explain what margin looks like in your life right now.

Read Luke 10:38-42.

- **In this passage, Martha gives us the perfect illustration of what living without margin looks like. Martha was so distracted preparing for Jesus' visit that she forgot the most important thing—simply spending time with Jesus. When margin decreases, stress increases. What are some of the things that currently cause you the most stress?**
- **How is that stress affecting your life? What are some specific ways you can begin the process of reducing stress in your life?**
- **When margin decreases, your relational intimacy decreases. How have you seen your intimacy with God and others decrease as a result of not having margin in your life?**
- **A lack of margin is a reflection of a lack of faith. In what areas of your life do you need to place more faith in God?**
- **A lack of margin is also a reflection of idolatry. What are some of things you are placing before God? How will you go about putting God first?**

Read Matthew 11:28-29, Psalm 46:10

These verses tell us that if we come to Jesus and be still and rest before Him, our souls will be satisfied.

- **How have you found rest and comfort through Christ? How did that rest ultimately lead to satisfaction?**
- **While it sounds simple, why do you think it is so difficult for many of us to rest and be still before Christ?**